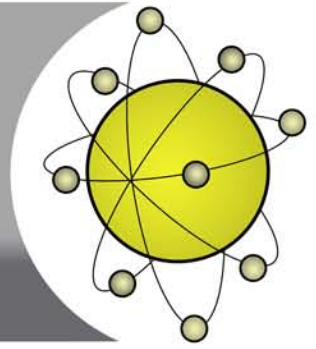




DIGITAL BUDDHAS

CLEAN AND SOBER FANS OF THE DISCO BISCUITS



SPRING/SUMMER 2008 NEWSLETTER

THE **digital buddhas** IS AN ORGANIZATION THAT PROVIDES SUPPORT AND COMMUNITY TO SOBER DISCO BISCUITS FANS. WE ARE NOT AFFILIATED WITH THE BAND, ALCOHOLICS ANONYMOUS, NARCOTICS ANONYMOUS, OR ANY OTHER FAN-BASED SUPPORT GROUP. WE ARE KIDS THAT LOVE TO GET DOWN AND DIRTY BUT WITHOUT THE USE OF ANY MIND ALTERING SUBSTANCE. WE HAVE ABSOLUTELY NO OPINION ON ALCOHOL AND DRUGS; WE NEITHER CONDEMN IT NOR CONDONE IT. WE CAN BE FOUND BY LOOKING FOR YELLOW BALLOONS OR OUR TABLES AT SHOWS. OUR MAIN GOAL IS TO PROVIDE SUPPORT, INFORMATION AND COMMUNITY TO OTHER KIDS THAT DON'T WANT TO USE. THERE ARE NO DUES OR FEES FOR MEMBERSHIP. THE ONLY REQUIREMENT IS THE DESIRE TO STAY SUBSTANCE-FREE SHOWS. THOUGH THE **digital buddhas** CONSISTS MAINLY OF PEOPLE RECOVERING FROM VARIOUS ADDICTIONS, WE ARE OPEN TO ANYONE WHO WISHES TO REMAIN CLEAN AND SOBER AT SHOWS.

"In the shadow of the digital buddah are the countless wise who bring our generation to the highest highs."

ARON MAGNER

THE DISCO BISCUITS

A NEW WAY OF LIFE...

MUSIC HAS ALWAYS RUN THROUGH MY VEINS. WHEN I FIRST GOT SOBER I WAS SO AFRAID I WAS GOING TO HAVE TO GIVE UP MUSIC TO STAY SOBER. I WASN'T SURE IF I WOULD BE ABLE TO HANDLE THE SCENE WITH ALL OF ITS TEMPTATIONS AND NOT INDULGE. I DIDN'T THINK I WOULD BE ABLE TO DO IT ALONE, BUT THEN I FOUND OUT I DIDN'T HAVE TO. DURING MY FIRST FEW MONTHS OF RECOVERY I BECAME AWARE OF MANY YELLOW BALLOON FELLOWSHIPS THAT WOULD GO TO SHOWS AND PROVIDE AN ENVIRONMENT OF RECOVERY. FROM THAT MOMENT ON THE LOVE AFFAIR WAS REKINDLED AND I LEARNED TO ENJOY THE MUSIC MORE THAN I EVER HAVE. I FIRST SAW THE BISCUITS AT A FESTIVAL, AND WAS INSTANTLY HOOKED. AS I SWEAT MY ASS OFF DANCING TO THE AWESOME BEATS, THEIR MUSIC TOOK ME ON AN INCREDIBLE JOURNEY THAT LEFT ME WANTING MORE. THEY SAY MUSIC IS THE LANGUAGE OF THE SOUL, AND FOR ME IT OFTEN TAKES ME TO A SPIRITUAL PLACE WHERE I CAN CELEBRATE BEING ALIVE. THERE IS NOTHING BETTER THAN BEING ABLE TO LOSE MYSELF IN A WICKED JAM, WHERE ALL MY CARES AND WORRIES ARE STRIPPED AND I CAN FEEL AS IF I'M CONNECTED TO THE ENERGY FLOWING IN THE MUSIC. I CAN SAY THAT I HAVE BEEN FORTUNATE ENOUGH TO HAVE ONLY SEEN THE BISCUITS SOBER. NOT KNOWING MANY PEOPLE IN THE SCENE AND DYING TO GET TO MORE OF THEIR SHOWS I BECAME INVOLVED WITH THE DIGITAL BUDDHAS, AND IT HAS TRULY BEEN A WONDERFUL EXPERIENCE. THE BUDDHAS INTRODUCED ME TO SOME OF THE BEST FRIENDS AND FELLOWSHIP KNOWN TO MAN. DURING THE PAST YEAR I'VE BEEN ON SOME AWESOME ROAD TRIPS, MET TONS OF GREAT LIKE-MINDED PEOPLE, DID SOME GREAT SERVICE WORK, AND I WAS ABLE TO DO IT ALL SOBER. IF YOU HAVE THE OPPORTUNITY AND DESIRE, GET INVOLVED IT JUST MAY CHANGE YOUR LIFE. I KNOW IT'S CHANGED MINE.

TOM RYAN - NEW JERSEY

UPCOMING TOUR DATES:

4/2/2008 | HIGHER GROUND | BURLINGTON, VT
 4/3/2008 | HIGHER GROUND | BURLINGTON, VT
 4/4/2008 | Lupo's HEARTBREAK HOTEL | PROVIDENCE, RI
 4/5/2008 | THE PALLADIUM | WORCESTER, MA
 4/11/2008 | NOKIA THEATER | NYC, NY
 4/12/2008 | NOKIA THEATER | NYC, NY
 4/15/2008 | STATE THEATER | FALLS CHURCH, VA
 4/16/2008 | THE MUSIC FARM | CHARLESTON, SC
 4/17/2008 | NEIGHBORHOOD THEATER | CHARLOTTE, NC
 4/18/2008 | GEORGIA THEATER | ATHENS, GA
 4/19/2008 | GEORGIA THEATER | ATHENS, GA
 4/20/2008 | ORANGE PEEL | ASHEVILLE, NC
 4/22/2008 | JUPITER BAR AND GRILL | TUSCALOOSA, AL
 4/23/2008 | McALISTER AUDITORIUM | NEW ORLEANS, LA
 4/25/2008 | TIPITINAS | NEW ORLEANS, LA
 5/24/2008 | ELECTRIC FACTORY | PHILADELPHIA, PA
 5/25/2008 | JAM ON THE RIVER | PHILADELPHIA, PA
 7/17/2008 | ILCC - CAMP BISCO SEVEN | MARIAVILLE, NY
 7/18/2008 | ILCC - CAMP BISCO SEVEN | MARIAVILLE, NY
 7/19/2008 | ILCC - CAMP BISCO SEVEN | MARIAVILLE, NY

VISIT US ON THE WEB:

WWW.THEDIGITALBUDDHAS.ORG

FROM SLEEPING CATERPILLAR TO FLOATING BUTTERFLY...

FRESH OUT OF DETOX AND ARRIVING AT A REHAB FACILITY IN EARLY AUGUST 2006 I INFORMED THEM I WOULD NOT BE STAYING ANY LONGER THAN TWO WEEKS AS I HAD A PREVIOUS COMMITMENT, CAMP BISCO V. FORTUNATELY, I BEGAN TO SEE THE HOPELESSNESS OF MY CONDITION, AND AGREED TO CONTINUE MY RECOVERY. I WAS ASSURED IF I FOLLOWED SOME SIMPLE SUGGESTIONS I COULD ONE DAY RETURN TO THESE SHOWS. AFTER ALL, THIS SCENE IS AS MUCH A WAY OF LIFE AS ADDICTION OR RECOVERY. ON HALLOWEEN 2006, I ATTENDED MY FIRST SOBER BISCUITS SHOW. FOR THE NEXT TEN MONTHS I WENT TO A LOT OF SHOWS ALONE OR WITH OLD FRIENDS, AND UNDER THE DELUSION THERE WERE NO OTHER SOBER BISCUITS FANS. AFTER SPENDING THE NIGHT DRIVING FROM THE BROOKLYN SHOW TO CAMP VI, I WAS PREPARING FOR ANOTHER EXPERIENCE FAR AWAY FROM THE SOBER COMMUNITY I AM USUALLY SURROUNDED WITH. LIKE MOST OF THE PREVIOUS RUNS IN THE LAST YEAR, I WOULD BE SURROUNDED BY THOUSANDS OF PEOPLE, BUT AT TIMES FEEL COMPLETELY ALONE. WITHIN A COUPLE HOURS OF ARRIVING I FOUND OUT ABOUT THE DIGITAL BUDDHAS THROUGH A CONVERSATION WITH A NEIGHBORING CAMPER, WHO IRONICALLY I HAD MET A COUPLE THOUSAND MILES AWAY AT THE SAN FRAN SHOW A MONTH PRIOR. UPON SEEING THE YELLOW BALLOONS I WAS ECSTATIC TO SEE THERE WERE IN FACT OTHERS WHO SHARE IN THE SAME PASSIONS, RECOVERY AND THE DISCO BISCUITS. PEOPLE IN 12 STEP MEETINGS OFTEN SAY THE SPEAKER "TOLD THEIR STORY". THIS IS THE EXPERIENCE I HAD UPON READING "THROUGH THE JUNGLE INTO THE LIGHT" FROM THE SUMMER 2007 NEWSLETTER. EVEN THE FINEST DETAILS WERE RIGHT ON POINT. IT WAS MIND-BLOWING TO SEE MY THOUGHTS, BELIEFS, AND EVEN ACTIONS WRITTEN SO EXACT BY SOMEONE I DIDN'T KNOW. ATTENDING MY FIRST BUDDHA'S MEETING WAS COMPARABLE TO A SPIRITUAL EXPERIENCE. IT WAS A PLACE WHERE WE COULD INCORPORATE THE SPIRITUAL PRINCIPLES THAT KEEP US CLEAN AND SOBER WITH THE PREVIOUS NIGHT'S PERFORMANCE OF MAGELLAN. RARELY HAVE I HAD SUCH STRONG FEELINGS OF BELONGING AND ACCEPTANCE. THIS PAST HALLOWEEN, EXACTLY A YEAR AFTER MY FIRST SOBER SHOW, I HAD MY FIRST EXPERIENCE VOLUNTEERING AT A DIGITAL BUDDHA'S TABLE. IN ADDITION TO A FULL PERFORMANCE OF THE HOT AIR BALLOON, I WAS ABLE TO SEE FELLOW BUDDHAS I HADN'T SEEN SINCE CAMP AND ENJOY A FELLOWSHIP OF SOBER BISCUITS ENTHUSIASTS. I WAS COMPLETELY UNWILLING TO GIVE UP BISCUITS' SHOWS, EVEN IF IT MEANT BEING THE ONLY CLEAN AND SOBER PERSON THERE. HAVING A GROUP OF PEOPLE THAT ARE JUST AS DEDICATED TO RECOVERY AND THE DISCO BISCUITS IS TRULY A GIFT FROM GOD.

BRAD S. - MAINE

"BUDDHISM HAS THE CHARACTERISTICS OF WHAT WOULD BE EXPECTED IN A COSMIC RELIGION FOR THE FUTURE: IT TRANSCENDS A PERSONAL GOD, AVOIDS DOGMAS AND THEOLOGY; IT COVERS BOTH THE NATURAL & SPIRITUAL, AND IT IS BASED ON A RELIGIOUS SENSE ASPIRING FROM THE EXPERIENCE OF ALL THINGS AS A MEANINGFUL UNITY"

- ALBERT EINSTEIN

SISTER GROUPS:

THE WHARF RATS (GRATEFUL DEAD)

[HTTP://WWW.WHARFRAT.ORG/](http://www.wharfrat.org/)

HAPPY HOUR HEROS (MOE.)

[HTTP://HEALTH.GROUPS.YAHOO.COM/GROUP/HAPPYHOURHERO/](http://health.groups.yahoo.com/group/happyhourhero/)

THE GATEWAY (WIDESPREAD PANIC)

[HTTP://WWW.SOBERFANS.COM/](http://www.soberfans.com/)

THE JELLYFISH (STRING CHEESE INCIDENT)

[WWW.SCIJELLYFISH.ORG/](http://www.scijellyfish.org/)

THE PHELLOWSHIP (PHISH)

[HTTP://LAUNCH.GROUPS.YAHOO.COM/GROUP/PHELLOWSHIP/](http://launch.groups.yahoo.com/group/pfellowship/)

THE VELCRO KANGAROOS (YONDER MOUNTAIN)

[HTTP://HEALTH.GROUPS.YAHOO.COM/GROUP/VELCROKANGAROOS/](http://health.groups.yahoo.com/group/velcrokangaroos/)

GOLDEN GATORS (PARTICLE)

[HTTP://HEALTH.GROUPS.YAHOO.COM/GROUP/GOLDENGATORS/](http://health.groups.yahoo.com/group/goldengators/)

MONKEY HILL (GOV'T MULE)

[HTTP://LAUNCH.GROUPS.YAHOO.COM/GROUP/MONKEYHILL/](http://launch.groups.yahoo.com/group/monkeyhill/)

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