SUMMER 2007 NEWSLETTER

what are the digital buddhase

THE **digital buddhas** are a group of clean and sober Disco Biscuits fans, who love to get down and dirty, without the use of any mindaltering substances. The music is our "drug". Our main goal is to provide support, community and information to other fans that don't want to use. We have absolutely no opinion on alcohol and drugs; we neither condemn nor condone it. We are not affiliated with the band, alcoholics anonymous, Narcotics anonymous, or any other fan-based support group. There are no dues or fees for membership. The only requirement is the desire to stay substance free at shows. Though the **digital buddhas** consists primarily of people recovering from various addictions, we welcome anyone who wishes to remain clean and sober at shows. We can be found by looking for yellow balloons or our information table at shows.

"In the shadow of the digital buddah are the countless wise who bring our generation to the highest highs."

ARON MAGNER
THE DISCO BISCUITS

שחצוכ וצ שא קפחפייי

"WHEN I OPEN MY EYES, I CAN ONLY SIGH, FOR WHAT I SEE IS CONTRARY TO MY CREED; AND I MUST DESPISE THE WORLD FOR NOT PERCEIVING THAT MUSIC IS A HIGHER REVELATION THAN ANY WISDOM OR PHILOSOPHY. IT IS THE WINE THAT INSPIRES NEW CREATIONS, AND I AM THE BACCHUS, WHO PRESSES OUT THIS WINE FOR MEN, AND MAKES THEM SPIRITUALLY DRUNK; WHEN THEY ARE SOBER THEY BRING TO SHORE ALL KINDS OF THINGS WHICH THEY HAVE CAUGHT, GOD IS NEARER TO ME THAN TO OTHERS. I APPROACH HIM WITHOUT FEAR, I HAVE ALWAYS KNOWN HIM. NEITHER AM I ANXIOUS ABOUT MY MUSIC, WHICH NO ADVERSE FATE CAN OVERTAKE, AND WHICH WILL FREE HIM WHO UNDERSTANDS IT FROM THE MISERY WHICH AFFLICTS OTHERS."

LUDWIG VON BEETHOVEN

2007 SUMMER TOUR DATES:

8/15/2007 McCarren Pool Brooklyn ,NY
8/16/2007 Indian Lookout Country Club Mariaville,NY
8/17/2007 Indian Lookout Country Club Mariaville,NY
8/18/2007 Indian Lookout Country Club Mariaville,NY
12/13/2007 CARIBBEAN HOLIDAZE RUNAWAY BAY, JAMAICA,
3/17/2008 Melkweg - The Max Amsterdam,NL
3/18/2008 Melkweg - The Max Amsterdam,NL
3/19/2008 Melkweg - The Max Amsterdam,NL

FALL TOUR DATES TO BE ANNOUNCED SOON

IF YOU ARE INTERESTED IN JOINING
THE DIGITAL BUDDHAS ONLINE
MAILING LIST PLEASE SIGN UP AT
THE FOLLOWING LINK:

HTTP://HEALTH.GROUPS.YAHOO.COM/ GROUP/DIGITALBUDDHAS/JOIN/



THROUGH THE JUNGLE INTO THE LIGHT

WHEN I FIRST GOT SOBER, I KNEW THERE WERE A FEW THINGS ICOULDN'T GIVE UP. THE MUSIC OF THE DISCO BISCUITS WAS DEFINITELY ONE OF THEM. AGAINST BETTER JUDGMENT, I WENT TO ALL FIVE SHOWS OF THE NEW YEARS RUN AMIDST THE OVERWHELMING PRESENCE OF DRUGS AND ALCOHOL WITH JUST A FEW MONTHS SOBER. IT WAS THE FIRST TIME I ADMITTED THAT I WAS AN ALCOHOLIC TO ANYONE OTHER THAN FAMILY, CLOSE FRIENDS AND OTHER ALCOHOLICS. BESIDES HAVING A LOT FUN AND SEEING SOME GREAT SHOWS I LEARNED A LOT ABOUT MYSELF THAT I STILL CARRY WITH ME. I LEARNED THAT LIFE DIDN'T STOP BECAUSE I WAS SOBER AND THAT I STILL COULD HAVE FUN. IF I COULD BE AROUND THAT MUCH DRUGS AND ALCOHOL FOR FIVE DAYS AND NOT PICK UP, THAN THERE WASN'T ANOTHER SOCIAL SITUATION THAT COULD SCARE ME. SO I WENT AND SAW THE BISCUITS AS OFTEN AS I COULD. AS I GOT MORE SOBER THE SCENE STARTED TO BOTHER ME MORE AND MORE. I WATCHED PEOPLE DESTROY THEIR BODIES AND MINDS WITH SUBSTANCES AND WONDERED WHY I ASSOCIATED MYSELF WITH THEM. I THOUGHT I WAS THE ONLY PERSON IN THE WORLD CRAZY ENOUGH TO GO SEE THE BISCUITS SOBER. AT THE END OF EVERY TOUR I WOULD RESOLVE TO SEE LESS SHOWS FOR THE SAKE OF MY SANITY AND SOBRIETY. BUT I COULDN'T RESIST THE SEDUCTIVE TRANCE-FUSION. I FOUND MYSELF. SITTING IN CARS WITH THE WINDOWS ROLLED UP AND JOINTS BLAZING; STANDING IN CROWDED BARS AS BOOZE SANG TO ME FROM THE TAPS; LAYING ON HOTEL FLOORS LISTENING TO KIDS SNORT COKE OFF END-TABLES. AT THE END OF THIS SUMMER I TOLD MYSELF THAT THE GAME WAS UP, I HAD TO STOP SEEING THE BISCUITS. THEN WORD CAME THAT A SOBER SUPPORT GROUP FOR FANS OF THE DISCO BISCUITS WAS BEING CREATED. IT FELT LIKE CHRISTMAS MORNING AND I WAS BEING GIVEN A SHINY NEW BICYCLE BECAUSE I LIKE TO RIDE SO MUCH AND THE OLD BIKE WASN'T GETTING ME ANYWHERE. SO THIS MEANS THERE ARE OTHER PEOPLE WHO ARE SOBER YET CRAZY ENOUGH TO WADE INTO THE DRUG INFESTED JUNGLES OF BISCUITS SHOWS. I WAS SUDDENLY REINVIGORATED WITH INTEREST IN A BAND I HAD BEEN MEANING TO TRY AND AVOID. I AM ENTIRELY GRATEFUL FOR THE START OF THE DIGITAL BUDDHAS. NOW, I WILL BE ABLE TO SAVOR THE ECSTATIC GRACEFUL DEMENTIA OF THE DISCO BISCUITS WITH THE DOWN HOME, YOU GOT I, I GOT YOU, SUPPORT OF RECOVERING ADDICTS AND ALCOHOLICS.

SISTER GROUPS:

THE WHARF RATS

HTTP://WWW.WHARFRAT.ORG/

HAPPY HOUR HEROS

HTTP://HEALTH.GROUPS.YAHOO.COM/GROUP/HAPPYHOURHERO/

THE GATEWAY

HTTP://WWW.SOBERFANS.COM/

THE JELLYFISH

WWW.SCIJELLYFISH.ORG/

THE PHELLOWSHIP

HTTP://LAUNCH.GROUPS.YAHOO.COM/GROUP/PHELLOWSHIP/

one grateful buddha

I'M A CLEAN RECOVERING ADDICT WHO'S COMPLETELY OBSESSED WITH THE BISCUITS! I GOT OUT TO 4 SHOWS LAST WEEK! I HAD A BLAST, EACH NIGHT HAD ITS AMAZING MOMENTS. I'M VERY GRATEFUL TO THE PEOPLE WHO HAVE HELPED TO PUT THE BUDDAHS TOGETHER. IVE BEEN GOIN TO SHOWS CLEAN FOR OVER A YEAR AND A HALF NOW AND IVE BEEN ABLE TO ENJOY MYSELF AND THE MUSIC MORE THAN I COULD EVER BEFORE WHEN I WAS USING. ITS A RELIEF TO KNOW THAT IM NOT THE ONLY ONE OUT THERE IN THE SCENE TRYING TO ENJOY THE MUSIC WITHOUT DRUGS. I'M 19 YEARS OLD NOW AND I'M LIVING A LIFE TODAY THAT COULD HAVE NEVER BEEN POSSIBLE WHEN I WAS USING. I LOVE THE BISCUITS AND THE SCENE BUT I KNOW FROM FIRSTHAND EXPERIENCE THAT ITS SOMETIMES HARD TO BE AROUND OTHER PEOPLE AT SHOWS DOING THE THINGS THAT CAUSED ME TROUBLE IN THE PAST. I'M LOOKING FORWARD TO MEETING EVERYONE AND HAVING A DIGITAL BUDDHAS MEETING!