



\* + digital buddhas + \*



## SUGGESTED MEETING FORMAT

(Start meeting at 5 minutes after set break. Meeting should last approximately 30 minutes)

Hi and welcome to the Digital Buddhas. This meeting will last approximately 30 minutes, please feel free to leave if necessary. Let us open with The Serenity Prayer. (Prayer)

This is our preamble:

THE DIGITAL BUDDHAS IS AN ORGANIZATION THAT PROVIDES SUPPORT AND COMMUNITY TO SOBER DISCO BISCUITS FANS. WE ARE NOT AFFILIATED WITH THE BAND, ALCOHOLICS ANONYMOUS, NARCOTICS ANONYMOUS, OR ANY OTHER FAN-BASED SUPPORT GROUP. WE ARE KIDS THAT LOVE TO GET DOWN AND DIRTY BUT WITHOUT THE USE OF ANY MIND ALTERING SUBSTANCE. WE HAVE ABSOLUTELY NO OPINION ON ALCOHOL AND DRUGS; WE NEITHER CONDEMN IT NOR CONDONE IT. WE CAN BE FOUND BY LOOKING FOR YELLOW BALLOONS OR OUR TABLES AT SHOWS. OUR MAIN GOAL IS TO PROVIDE SUPPORT, INFORMATION AND COMMUNITY TO OTHER KIDS THAT DON'T WANT TO USE. THERE ARE NO DUES OR FEES FOR MEMBERSHIP. THE ONLY REQUIREMENT IS THE DESIRE TO STAY SUBSTANCE-FREE SHOWS. THOUGH THE DIGITAL BUDDHAS CONSISTS MAINLY OF PEOPLE RECOVERING FROM VARIOUS ADDICTIONS, WE ARE OPEN TO ANYONE WHO WISHES TO REMAIN CLEAN AND SOBER AT SHOWS.

The Digital Buddhas expenses include supplies, stickers, copies, and web services. To help us with these expenses, we will pass the basket during the meeting.

Does anyone have a topic?

Pass basket during meeting and when appropriate close with the Digital Buddhas lyric:

**"In the shadow of the Digital Buddah are the countless wise who bring our generation to the highest highs."**

Followed by the WE version of the serenity prayer .